

Combined (3+2) Curriculum Guide

BSPH – Public Health Sociology / MPH – Health Behavior and Health Promotion

General Education Requirements

Requirement	Course Options	Credit Hours
GE Launch Seminar	GENED 1201	1
Writing and Information Literacy	<i>Student Choice</i>	3
Mathematical and Quantitative Reasoning	<i>Student Choice</i>	3
Literary, Visual and Performing Arts	<i>Student Choice</i>	3
Historical and Cultural Studies	<i>Student Choice – Recommend overlap with Civic Literacy Requirement</i>	3
Natural Sciences	Major corequisite*: BIOLOGY 1101 or 1110 or 1113.01 or 1113.02 or 1114	4-5
Social and Behavioral Sciences	Specialization corequisite*: SOCIOL 1101 or 1102 or RURAL SOC 1500	3
Race, Ethnicity and Gender Diversity	<i>Student Choice</i>	3
Theme: Citizenship for a Diverse and Just World	<i>Student Choice^o</i>	4-6
Theme: Student Choice	<i>Student Choice^o</i>	4-6
GE Reflection	GENED 4001	1
General Education Credit Hours:		32-37

*Indicates a corequisite course for this major that also satisfies this GE category. If a student makes an alternative selection in this GE category, they must also complete this course.

^o Students must complete either a 4-credit course or two 3-credit courses in each of two General Education Theme areas. One course in each GE Theme area may double count in the GE and major hours. Major required courses that are also theme courses are identified with a ♦ symbol.

Courses that can fulfill General Education requirements are listed at: <https://classes.osu.edu>

Major Prerequisite Course – must be completed with a grade of C or higher

Course/Requirement	Title	Credit Hours
PUBHLTH 2010 or 2010H ♦	Critical Issues in Global Public Health	3
Major Prerequisite:		3

Major Core Courses

Course/Requirement	Title	Credit Hours
PUBHLTH 1100 or 1100H	Survey of Public Health	1
PUBHBIO 2210 or 2210H (EL: Data Analysis)	Biostatistics for Public Health Research	3
PUBHEHS 3310 ♦	Current Issues in Global Environmental Health	3
PUBHEPI 2410 ♦	Epidemiology in Public Health	3
PUBHHBP 3510 ♦	Role of Behavior in Public Health	3
PUBHHMP 3610 ♦	U.S. and International Health Care	3
PUBHEPI 4410	Conceptual Foundations of Social Epidemiology (prereq: PUBHEPI 2410)	3
ENGLISH 3307 (EL: Adv. Writing)	Writing for Healthy Publics	3
PUBHLTH 3050	Public Health Perspectives on Disease (prereq: GEN Foundations Biology course)	3
PUBHLTH 3060 (EL: Technology)	Technology, Innovation, and Public Health	3
PUBHLTH 4060	US and International Health Policy (prereq: PUBHHMP 3610)	3
PUBHLTH 3180 or 3180E	Undergraduate Capstone Preparation	1
Capstone Experience (choose one)	PUBHLTH 3191/3191E Undergraduate Internship in Public Health PUBHLTH 3998 Undergraduate Capstone Research in Public Health (formerly 3999) PUBHLTH 4999 Undergraduate Research Thesis PUBHLTH 4999.01H Senior Honors Thesis PUBHLTH 3189.05 Field Experience in Global Public Health: Costa Rica EARTHSCI 5797.20 Exploring Environmental and Human Health Issues in Japan (3 cr) Other pre-approved (by CPH) Education Abroad Experience	2-3
Major Core Requirements:		34-35

*EL: Embedded Literacy

Specialization Courses

Course/Requirement	Title	Credit Hours
SOCIOL 2463	Social Inequality: Race, Class, and Gender	3
SOCIOL 3597.02 ♦	World Population Problems	3
SOCIOL 3630 ♦	Medical Sociology	3
SOCIOL 4629 ♦	Health Disparities in Social Context	4
Sociology Elective	Choose one course (3 credit hours) from the list of courses on the next page This course cannot overlap with courses used to fulfill other major requirements.	3
Specialization Requirements:		16

Sociology Elective Options

Course	Title	Credit Hours
SOCIOL 3200 ♦	Sociology of Immigration	3
SOCIOL 3302	Technology & Global Society	3
SOCIOL 3306 ♦	Sociology of Poverty	3
SOCIOL 3340	Sociology of the Family	3
SOCIOL 3380	Racial & Ethnic Relations in America	3
SOCIOL 3460 ♦	Environmental Justice	3
SOCIOL 3464	Work, Employment, and Society	3
SOCIOL 4506	Drugs & Society	3
SOCIOL 4508	Violence	3
SOCIOL 4509	Sociology of Law	3
SOCIOL 4609	Neighborhoods and Crime	3
SOCIOL 4635	Gender and Society	3
SOCIOL 4791	Understanding Modern Genocide	3
SOCIOL 5450	Sociology of Global Health and Illness	3
SOCIOL 5605	Sociology of Sexuality	3

Major Electives (Undergraduate)

Course/Requirement	Title	Credit Hours
Public Health Electives	Choose additional Public Health courses offered by the College of Public Health with advisor approval. Cannot overlap with courses used to fulfill other major requirements.	3
	Major Electives Requirements:	3

Overlap between BSPH and MPH

Students in the combined degree program take these courses to replace 9 credit hours of BSPH major electives

Course/Requirement	Title	Credit Hours
PUBHBIO 6210	Applied Biostatistics I	3
PUBHBIO 6211	Applied Biostatistics II	3
PUBHHBP 7542	Settings and Special Populations in Health Promotion	3
	Overlapping Credits:	9

The Office of Academic Programs and Student Services will register students for these courses in order for them to double count between the BSPH and MPH degrees.

Open Electives (Undergraduate)

Course/Requirement		Credit Hours
Student Choice	Select desired courses to reach minimum 121 credit hours for BSPH	15-24
	Total Minimum Credit Hours for BSPH Degree:	121

Civic Literacy Requirement (Undergraduate)*

Course/Requirement		Credit Hours
Student Choice	Any one course designated as "Civic Literacy" (CIV); must pass the course final and earn a grade of a D or higher in the class. Overlap with GE Foundations is strongly encouraged.	0-3
	Civic Literacy Requirement:	0-3

*Required for students starting Ohio State undergraduate programs in Autumn 2026 (or later) and graduating Spring 2030 (or later).

Graduate Courses Unique to the MPH – Health Behavior and Health Promotion Specialization

Course/Requirement		Credit Hours
PUBHLTH 6013	Current Topics in Environmental Public Health	2
PUBHLTH 6014	Epidemiology through Disease Investigation	2
PUBHLTH 6016	Public Health and Healthcare Systems	2
PUBHHBP 6520	Advancing Community Health Through Engagement and Action	3
PUBHHBP 7520	Community Health Assessment	2
PUBHHBP 7522	Program Planning and Implementation	3
PUBHHBP 7528	Foundations of Professional Practice in Health Promotion	2
PUBHHBP 7562	Theoretical Approaches to Health Behavior Change in Public Health Applications	2
Choose 1: PUBHHBP 7532 PUBHHBP 7534	Program Evaluation in Public Health Research Methods in Health Behavior and Health Promotion	3
MPH-HBHP Track Courses	Choose one track and complete a minimum of 9 credit hours: <ul style="list-style-type: none"> • Policy • Communications • Maternal and Child Health • Addressing Health Disparities • Global Health • Wellness 	9
PUBHLTH 7189	Applied Practice Experience	2
PUBHHBP 7899.01	Integrative Learning Experience Seminar I	1
PUBHHBP 7899.02	Integrative Learning Experience Seminar II	1
PUBHLTH 7998	Integrative Learning Experience for Public Health	2
Total Minimum Credit Hours unique for MPH Degree:		36

MPH-HBHP Track Options – Policy

Course	Title	Credit Hours
ANTHROP 5700	Anthropology, Public Health and Human Rights (AU)	3
CRPLAN 6350	The Socially Just City (AU)	3
HTHRHSC 5650	Aging and Public Policy Issues (AU)	3
PUBAFRS 5240/AFAMAST 5240	Race and Public Policy in the United States	3
PUBAFRS 5250	Poverty, Inequality and Public Policy	3
PUBAFRS 5890	US Food Policy (AU)	3
PUBAFRS 5895/HTHRHSC 5895	Food Insecurity and Food Assistance Programming & Policy in the U.S.	3
PUBAFRS 5900/CRPLAN 5900	Food System Planning and the Economy	3
PUBAFRS 6000	Public Policy Formulation and Implementation	4
PUBAFRS 6060	Managerial Leadership in Public and Nonprofit Organizations	4
PUBAFRS 7505	Wicked Policy Problems (SP)	3
PUBAFRS 7574	Mixed Methods Approaches for Policy-Related Research	3
PUBHHMP 6630	Project Management for Health Care and Public Health	3
PUBHHMP 7605	Introduction to Health Policy	3
PUBHHMP 7610	Public Health Law	3
PUBHHMP 7611	Health Care Law for Managers	3
PUBHHMP 7613	Tobacco Regulation and Policy	2
PUBHHMP 7632	Strategic Change for Public Health & Population Health Management	3
PUBHLTH 5558	Policy as a Prevention Strategy	3
PUBHTLH 7000	Public Health in Developing Countries (SP)	3
RURLSOC 5580	Social Impact Assessment (SP)	3
SOCWORK 6201	Social and Economic Justice	3
SOCWORK 7570	Policy Analysis & Social Legislation Processes	3

MPH-HBHP Track Options – Communications

Course	Title	Credit Hours
COMM 6806	Contemporary Theories of Communication (AU)	3
COMM 7870	Media, Campaigns, and Health	3
COMM 7871	Health Communication in Interpersonal Settings	3
CRPLAN 6100	Participation and Advocacy in Planning	3
ENR 7400	Communicating Environmental Risk	3
PUBAFRS 5591	Lobbying and Government Relations	3
PUBAFRS 5592	Social Marketing for Nonprofit and Public Organizations	3
PUBAFRS 6050	Managing Public Sector Organizations	4
PUBAFRS 6500	Public Affairs Skills: Written and Oral Communication	2
PUBHHMP 6615	Public Health Leadership and Organizational Behavior	3

MPH-HBHP Track Options – Maternal and Child Health

Course	Title	Credit Hours
ANTHROP 5602	Women's Health in Global Perspective	3
BIOETHC 7050	Pediatric and Perinatal Bioethics	3
EDUCST 5777	Anti-Racist, Culturally Responsive Education: Theories, Models and Strategies	3
HDFS 7765	Advanced Child Development	3
NURSING 6430	Cultural Competence in Health Care: US and Global Contexts	3
PSYCH 6835	Child Development	3
PUBHEPI 6440	Reproductive and Perinatal Epidemiology	3
PUBHEPI 6441	Epidemiology of Women's Health	3
PUBHHBP 7564	A Public Health Approach to Adolescent Health	2
SOCWORK 5005	Human Trafficking: Domestic and Global Perspectives	3
SOCWORK 5007	Child Welfare I	3
WGSST 8800	Topics in Feminist Studies	3

MPH-HBHP Track Options – Addressing Health Disparities

Course	Title	Credit Hours
ANTHROP 5602	Women's Health in Global Perspective	3
CRPLAN 6350	The Socially Just City	3
ESSPSY 7028	Cultural Diversity	3
HTHRHS 6700	Global Aging	3
PUBAFRS 5240/AFAMAST 5240	Race and Public Policy in the United States	3
PUBAFRS 5895/HTHRHS 5895	Food Insecurity and Food Assistance Programming & Policy in the U.S.	3
PUBAFRS 5250	Poverty, Inequality and Public Policy	3
PUBHEPI 6442	Methods in Social Epidemiology	3
PUBHLTH 7000	Public Health in Developing Countries	3
SOCIOL 7780	Racial and Ethnic Differences	3
SOCWORK 5005	Human Trafficking: Domestic and Global Perspectives	3
SOCWORK 5026	Exploring Community Food Security Strategies	3
SOCWORK 6201	Social and Economic Justice	3
SOCWORK 6202	Culturally Responsive Social Work	3

MPH-HBHP Track Options – Global Health

Course	Title	Credit Hours
Required: PUBHLTH 6000	Introduction to Global Health (AU)	2
ANTHROP 5601	The Anthropology of Sex, Drugs, and HIV	3
ANTHROP 5602	Women's Health in Global Perspective (AU)	3
ANTHROP 5701	Health and Healing in Latin America and the Caribbean	3
INTSTDS 5640/SPANISH 5640	Globalization and Latin America: Multi-Disciplinary Approaches (SP)	3
PHR 5550	Topics in International Pharmacy (SP)	2
PUBHEHS 6320	Global Health and Environmental Microbiology	3
PUBHEHS 6325	Climate Change and Human Health	3
PUBHEHS 6390	Major Human Diseases in Global Public Health (SP)	3
PUBHEPI 5412	Global Epidemiology of Infectious Disease (SP)	3
PUBHEPI 6436	Infectious Disease Epidemiology	3
PUBHEPI 6441	Epidemiology of Women's Health (<i>must do course project with global focus</i>)	3
PUBHHMP 6630	Project Management for Health Care and Public Health	3
PUBHLTH 7000	Public Health in Developing Countries (SP)	3
SOCWORK 5002	Lifespan Approaches to HIV Prevention	3
SOCWORK 5005	Human Trafficking: Domestic and Global Perspectives	3
SPANISH 5201	Spanish in the Health Professions	3
VETPREV 7721	Epidemiology of Zoonotic Diseases	3
VETPREV 7722	Foodborne Diseases, Food Animal Production Systems, and Food Safety	3
VISSCI 5500	Global Issues in Eye Care	1

Wellness Track

Course	Title	Credit Hours
ESCE 7933	Wellness and Prevention Counseling	3
ESSPSY 7028	Cultural Diversity	3
HUMNNTR 5705	Nutrition and Physical Performance	2
KNEHS 5500	Fundamentals of Exercise Physiology - Theory & Application	4
KNHES 7713	Foundations of Physical Activity Behavior	3
KNHES 7726	Changing Physical Activity Behavior	3
NURSING 6430	Cultural Competence in Health Care: US and Global Contexts	3
NURSING 7491	Health Promotion and Disease Prevention across the Life Span	3
PUBAFRS 5890	US Food Policy	3
PUBAFRS 5895/HTHRHSC 5895	Food Insecurity and Food Assistance Programming & Policy in the U.S.	3
PUBAFRS 5900	Food System Planning and the Economy	3
PUBHEPI 6415	Nutrition in Public Health	3
SOCWORK 6201	Social Justice, Social Systems, and Social Problems	3
SOCWORK 6202	Culturally Responsive Social Work	3

Policies and General Requirements for BSPH/MPH Degree

- A minimum of 121 total credit hours for the standalone BSPH degree. Remedial coursework (English 1109; EDUTL 1001, 1002, 1003, 1004, 1005, 1006, 1007, 1010; Mathematics 1040, 1050, 1073, 1074, 1075) do not count toward the minimum requirement for the BSPH degree.
- A minimum of 30 undergraduate credit hours earned through regular course enrollment at this University for the BSPH degree.
- A maximum of 8 hours of technical credit may be counted towards BSPH degree requirements.
- A maximum of 4 credit hours of physical activity courses (all 1100-level KNSFHP courses except for 1102, 1103, 1122, and 1137).
- For the BSPH, a cumulative GPA of at least 2.5 on all coursework completed at The Ohio State University and a minimum of a 2.5 in the major.
- A minimum grade of C- or higher is required for all undergraduate major courses.
- If a major-required course or major elective is a GE Theme course, two 3-4 credit hour courses (no more than one per theme area) are permitted to double count in the GE and major hours. GE Theme courses are indicated with a ♦ symbol.
- Students are expected to follow the rules and guidelines in both the undergraduate and graduate student handbooks in the College of Public Health.

Sample 5-year Plan

This model plan of study is presented as a suggested path to graduate in five years. It is intended to be a useful guide; however, each student is unique and should work with their advisor to develop an individualized course plan that best fits their personal academic background and goals.

Term	Course	Credit Hours
Autumn 1 (14-15 credit hours)	PUBHLTH 1100 or 1100H	1
	PUBHLTH 2010 or 2010H	3
	GE Writing and Information Literacy (ENGLISH 1110.0X)	3
	GE Historical and Cultural Studies – <i>overlap with Civic Literacy requirement</i>	3
	BIOLOGY 1101 or 1110 or 1113.01 or 1113.02 or 1114 (GE Nat. Sci. and Major coreq)	4-5
Spring 1 (16 credit hours)	PUBHEPI 2410 or 2410H	3
	PUBHHBP 3510	3
	PUBHEHS 3310	3
	GENED 1201 (GE Launch Seminar)	1
	GE Math and Quantitative Reasoning	3
	SOCIOL 1101 or 1102 or RURAL SOC 1500 (GE Social/Behavioral Sci and Spec.coreq)	3
Autumn 2 (15 credit hours)	SOCIOL 2463	3
	PUBHHMP 3610 or 3610H	3
	SOCIOL 3597.02 (GE THEME: Citizenship #1)	3
	Open Electives	6
Spring 2 (18 credit hours)	PUBHBIO 2210 OR 2201H	3
	ENGLISH 3307	3
	Open BSPH Elective	3
	GE Race, Ethnic and Gender Diversity	3
	GE Literary, Visual and Performing Arts	3
	GE THEME: Health & Wellbeing OR Sustainability OR Lived Environment	3
Autumn 3 (16-17 credit hours)	PUBHLTH 3050	3
	PUBHLTH 3060	3
	Public Health Elective #1	3
	Open BSPH Elective	1-2
	SOCIOL 3487	3
	SOCIOL 3630	3
Spring 3 (17 credit hours)	PUBHEPI 4410	3
	PUBHLTH 4060	3
	SOCIOL 4629	4
	PUBHLTH 3180 (Capstone Prep)	1
	Open BSPH Electives	3
	GE THEME: Citizenship #2	3
Summer 3 (2 credit hours)	Capstone Course (4191, 4998 or 4999)	2
Autumn 4 (14 credit hours)	Sociology Elective	3
	Open BSPH Elective	3
	PUBHBIO 6210 (<i>overlap BSPH/MPH</i>)	3
	PUBHHBP 7520 (<i>MPH</i>)	2
	PUBHHBP 7542 (<i>overlap BSPH/MPH</i>)	3
Spring 4 (13 credit hours)	PUBHBIO 6211 (<i>overlap BSPH/MPH</i>)	3
	PUBHHBP 7522 (<i>MPH</i>)	3
	GENED 4001 (GE Reflection Seminar)	1
	Open BSPH Electives	6

Term	Course	Credit Hours
Summer 5 (2 credit hours)	PUBHLTH 7189 (Applied Practice Experience)	2
Autumn 5 (15 credit hours)	MPH core course (PUBHLTH 6013 or 6014 or 6016)	2
	PUBHHBP 6520	3
	PUBHHBP 7532 or PUBHHBP 7534	3
	PUBHHBP 7899.01	1
	MPH-HBHP Track Courses	6
Spring 5 (14 credit hours)	PUBHHBP 7528	2
	PUBHLTH 7998 (Integrative Learning Experience)	2
	PUBHHBP 7562	2
	PUBHHBP 7899.02	1
	MPH-HBHP Track Course	3
	Remaining MPH core courses (PUBHLTH 6013 or 6014 or 6016)	4
Total Minimum Credit Hours* for BSPH + MPH Degrees:		157
<i>*Total Credit hours will vary depending on which courses students select</i>		