

2025-2026 Curriculum Guide for Master of Public Health degree program with a specialization in HEALTH BEHAVIOR AND HEALTH PROMOTION

The Master of Public Health (MPH) degree program is designed to provide students with the knowledge and skills for general and specialized applied public health practice, both in the public sector and in private sector careers related to population health. It includes courses within public health's foundation disciplines of biostatistics, environmental health science, epidemiology, health behavior & health promotion, and health services management and policy. This broad training is complemented by the more in-depth course work within the specialization including an applied practice experience and an integrative learning experience project.

Students admitted to the MPH degree program are assigned a faculty advisor who will provide guidance throughout the program. This document serves as a resource to be used by the student and the advisor in planning a program with a specialization in Health Behavior and Health Promotion (HBHP) but is not inclusive of all important degree, college, and university requirements. This is not considered an on-line degree program; however, students will enroll in a combination of courses designed for on-campus in-person delivery (IP), distance learning (DL), or hybrid (HY). All students are expected to be familiar with the College of Public Health (CPH) *Graduate Student Handbook*:

<http://cph.osu.edu/students/graduate/handbooks> the *Graduate School Handbook*: <https://gradsch.osu.edu/handbook> and CPH competencies: <http://go.osu.edu/cphcompetencies>.

PROGRAM OF STUDY

The MPH-HBHP curriculum consists of a minimum of 45 credit hours organized into five curricular domains:

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| 1. MPH Integrated Foundational curriculum including the Buck-IPE* | 12 credit hours |
| 2. Courses required for a specialization in HBHP | 19 credit hours |
| 3. Approved Track Coursework** | 8 credit hours |
| 4. Applied Practice Experience | 2 credit hours |
| 5. Integrative Learning Experience Seminar and Integrative Learning Experience | 4 credit hours |

*In addition to credit hour requirements, The Ohio State University College of Public Health requires all Master of Public Health students to participate in interprofessional practice and education activities. To meet this requirement, first-year students will participate in Buck-IPE, a longitudinal curriculum for students in health science and allied health professional programs at The Ohio State University. Information about participation and assessment will be shared with MPH students as part of the Integrated Foundational Curriculum (in PUBHLTH 6002 and 6004).

Prior to matriculation into the HBHP program, all students should have completed the ScarletCanvas "bootcamp" sessions on preparation for the graduate coursework, specifically for the quantitative methods coursework.

MPH Integrated Foundational curriculum (12 credit hours)

Every student in the MPH-HBHP program must take the following MPH Integrated Foundational curriculum:

PUBHTLH 6001	Methods in Quantitative Data Analysis	4 credit hours
PUBHLTH 6002	History, Values and Essential Services of the U.S. Public Health System	2 credit hours
PUBHLTH 6003	Methods in Public Health Planning and Evaluation	2 credit hours
PUBHLTH 6004	Essentials of Population Health	4 credit hours

Required Courses in the Specialization (19 credit hours)

PUBHHBP 6520	Advancing Community Health Through Engagement and Action	3 credit hours
PUBHHBP 7520	Community Health Assessment	2 credit hours
PUBHHBP 7522	Program Planning and Implementation	3 credit hours

PUBHHBP 7528	Foundations of Professional Practice in Health Promotion	2 credit hours
PUBHBIO 6211	Applied Biostatistics II	3 credit hours
PUBHHBP 7542	Settings and Special Populations in Health Promotion	3 credit hours
Select one:		
PUBHHBP 7532	Program Evaluation in Public Health	3 credit hours
PUBHHBP 7534	Research Methods in Health Behavior and Health Promotion	

Track Coursework (select one track and complete a minimum of 8 credit hours)

<i>Policy</i>	<i>Communications</i>	<i>Maternal and Child Health</i>	<i>Addressing Health Disparities</i>	<i>Global Health</i>	<i>Wellness</i>
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A student may petition the HBHP faculty for permission to substitute a graduate level course not listed above as an appropriate choice within one of the listed tracks.

Applied Practice Experience

PUBHLTH 7189	Applied Practice Experience	2 credit hours
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Integrative Learning Experience and Integrative Learning Experience Seminar (4 credit hours)

PUBHHBP 7899.01	Integrative Learning Experience Seminar I	1 credit hour
PUBHHBP 7899.02	Integrative Learning Experience Seminar II	1 credit hour
PUBHLTH 7998	Integrative Learning Experience in Public Health	2 credit hours

Sample Curriculum Plan for the Master of Public Health in Health Behavior and Health Promotion

Students who want to deviate from the proposed plan below must consult their advisor to ensure the logistical feasibility of their proposed plan.

TERM	COURSE	COURSE TITLE	CREDIT HOURS	TERM(S) OFFERED	DELIVERY MODE
Year 1 Autumn	PUBHHBP 7520	Community Health Assessment	2	AU	IP
	PUBHLTH 6001	Methods in Quantitative Data Analysis	4	AU	DL
	PUBHLTH 6002	History, Values & Essential Services of U.S. PH System	2	AU	DL
	PUBHHBP 7542	Settings and Special Populations in Health Promotion	3	AU	IP
Year 1 Spring	PUBHLTH 6003	Methods in Public Health Planning and Evaluation	2	SP	DL
	PUBHLTH 6004	Essentials of Population Health	4	SP	DL
	PUBHHBP 7522	Program Planning and Implementation	3	SP	IP
	PUBHBIO 6211	Applied Biostatistics II	3	AU,SP	DL or IP
Year 1 Summer	PUBHLTH 7189	Applied Practice Experience	2	ANY	
Year 2 Autumn	PUBHHBP 6520	Advancing Community Health Through Engagement & Action	3	AU	IP
	PUBHHBP 7899.01	Integrative Learning Experience Seminar I	1	AU	HY
	Track Courses	Approved Courses	5	ANY	
	PUBHHBP 7532^ or PUBHHBP 7534^	Program Evaluation in Public Health or Research Methods in Health Behavior and Health Promotion	3	AU^ SP^	IP
Year 2 Spring	PUBHHBP 7528	Foundations of Professional Practice in Health Promotion	2	SP	IP
	PUBHHBP 7899.02	Integrative Learning Experience Seminar II	1	SP	DL
	PUBHLTH 7998	Integrative Learning Experience in Public Health	2	SP	
	Track Courses	Approved Courses	3	ANY	

^Students choose one course, not both

Students have to earn at least 8 credit hours in their selected track

Course	Credit hours	Term Offered
Policy Track		
PUBHLTH 5558: Policy as a Prevention Strategy	3	
ANTHROP 5700: Anthropology, Public Health and Human Rights	3	<i>AU</i>
CRPLAN 6350: The Socially Just City	3	<i>AU</i>
HTHRHSC 5650: Aging and Public Policy Issues	3	<i>AU</i>
PUBAFRS 5240: <i>(cross listed with AFAMAST 5240)</i> : Race and Public Policy in the United States	3	<i>AU</i>
PUBAFRS 5250: Poverty, Inequality and Public Policy	3	
PUBAFRS 5890: US Food Policy	3	<i>AU</i>
PUBAFRS 5895: <i>(cross listed with HTHRHSC 5895)</i> : Food Insecurity and Food Assistance Programming & Policy in the U.S.	3	
PUBAFRS 5900: <i>(cross listed with CRPLAN 5900)</i> : Food System Planning and the Economy	3	
PUBAFRS 6000: Public Policy Formulation and Implementation	4	<i>AU & SP</i>
PUBAFRS 6060: Managerial Leadership in Public and Nonprofit Organizations	4	
PUBAFRS 7505: Wicked Policy Problems	3	<i>SP</i>
PUBAFRS 7574: Mixed Methods Approaches for Policy-Related Research	3	
PUBHTLH 7000: Public Health in Developing Countries	3	<i>SP</i>
PUBHHMP 6630: Project Management for Health Care and Public Health	3	
PUBHHMP 7605: Introduction to Health Policy	3	
PUBHHMP 7610: Public Health Law	3	
PUBHHMP 7611: Health Care Law for Managers	3	
PUBHHMP 7613: Tobacco Regulation and Policy	2	
PUBHHMP 7632: Strategic Change for Public Health & Population Health Management	3	
RURLSOC 5580: Social Impact Assessment	3	<i>SP</i>
SOCWORK 6201: Social Justice, Social Systems and Social Problems	3	
SOCWORK 7570: Policy Analysis & Social Legislation Processes	3	
Communications Track		
COMM 6806: Contemporary Theories of Communication	3	<i>AU</i>
COMM 7870: Media, Campaigns, and Health	3	<i>SP27</i>
COMM 7871: Health Communication in Interpersonal Settings	3	<i>AU25</i>
ENR 7400: Communicating Environmental Risk	3	<i>SP</i>
PUBAFRS 5591: Lobbying and Government Relations	3	
PUBAFRS 5592: Social Marketing for Nonprofit and Public Organizations	3	
PUBAFRS 6050: Managing Public Sector Organizations	4	
PUBAFRS 6500: Public Affairs Skills: Written and Oral Communication	2	<i>AU</i>
PUBHHMP 6615: Public Health Leadership and Organizational Behavior	3	
Maternal and Child Health Track		
ANTHROP 5602: Women's Health in Global Perspective	3	<i>AU</i>
BIOETHC 7050: Pediatric and Perinatal Bioethics	3	

EDUCST 5777: Anti-Racist, Culturally Responsive Education: Theories, Models and Strategies	3	
HDFS 7765: Advanced Child Development	3	
PSYCH 6835: Child Development	3	
PUBHEPI 6440: Reproductive and Perinatal Epidemiology	3	
PUBHEPI 6441: Epidemiology of Women's Health	3	
PUBHHBP 7564: A Public Health Approach to Adolescent Health	2	
SOCWORK 5005: Human Trafficking: Domestic and Global Perspectives	3	
SOCWORK 5007: Child Welfare I	3	
WGSST 8800: Topics in Feminist Studies	3	AU

Addressing Health Disparities Track		
ANTHROP 5602: Women's Health in Global Perspective	3	AU
CRPLAN 6350: The Socially Just City	3	AU
ESSPSY 7028: Cultural Diversity	3	AU
HTHRHSC 6700: Global Aging	3	
PUBAFRS 5240: (cross listed with AFAMAST 5240): Race and Public Policy in the United States	3	AU
PUBAFRS 5895: (cross listed with HTHRHSC 5895): Food Insecurity and Food Assistance Programming & Policy in the U.S.	3	
PUBAFRS 5250: Poverty, Inequality and Public Policy	3	AU
PUBHEPI 6442: Methods in Social Epidemiology	3	SP
PUBHLTH 7000: Public Health in Developing Countries	3	SP
SOCIO 7780: Racial and Ethnic Differences	3	
SOCWORK 5005: Human Trafficking: Domestic and Global Perspectives	3	SP
SOCWORK 5026: Exploring Community Food Security Strategies	3	SP
SOCWORK 6201: Social Justice, Social Systems, and Social Problems	3	AU & SP
SOCWORK 6202: Culturally Responsive Social Work	3	AU & SP
Global Health Track		
Required		
PUBHLTH 6000: Introduction to Global Health	2	AU
<i>Then select from the following courses:</i>		
ANTHROP 5601: The Anthropology of Sex, Drugs, and HIV	3	SP
ANTHROP 5602: Women's Health in Global Perspective	3	AU
ANTHROP 5701: Health and Healing in Latin America and the Caribbean	3	
INTSTDS 5640: (cross listed with SPANISH 5640): Globalization and Latin America: Multi-Disciplinary Approaches	3	SP
PHR 5550: Topics in International Pharmacy	2	SP
PUBHEHS 6320: Global Health and Environmental Microbiology	3	
PUBHEHS 6325: Climate Change and Human Health	3	
PUBHEHS 6390: Major Human Diseases in Global Public Health	3	SP
PUBHEPI 5412: Global Epidemiology of Infectious Disease	3	SP
PUBHEPI 6436: Infectious Disease Epidemiology	3	
PUBHEPI 6441: Epidemiology of Women's Health (must do course project with global focus)	3	
PUBHLTH 7000: Public Health in Developing Countries	3	SP

PUBHHMP 6630: Project Management	3	
SOCWORK 5002: Lifespan Approaches to HIV Prevention	3	AU, SP, SU
SOCWORK 5005: Human Trafficking: Domestic and Global Perspectives	3	
SPANISH 5201: Spanish in the Health Professions	3	
VETPREV 7721: Epidemiology of Zoonotic Diseases	3	AU
VETPREV 7722: Foodborne Diseases, Food Animal Production Systems, and Food Safety	3	SP
VISSCI 5500: Global Issues in Eye Care	1	
Wellness Track		
ESCE 7933: Wellness and Prevention Counseling	3	SP
ESSPSY 7028: Cultural Diversity	3	AU
HUMNNTR 5705: Nutrition and Physical Performance	2	SP
KNEHS 5500: Fundamentals of Exercise Physiology – Theory & Application	4	
KNEHS 7713: Foundations of Physical Activity Behavior	3	
KNHES 7726: Changing Physical Activity Behavior	3	
NURSING 7491: Health Promotion and Disease Prevention across the Life Span	3	AU & SP
PUBAFRS 5890: US Food Policy	3	AU
PUBAFRS 5895: (cross listed with HTHRHSC 5895): Food Insecurity and Food Assistance Programming & Policy in the U.S.	3	
PUBAFRS 5900: Food System Planning and the Economy	3	
PUBHEPI 6415: Nutrition in Public Health	3	
SOCWORK 6201: Social Justice, Social Systems, and Social Problems	3	AU & SP
SOCWORK 6202: Culturally Responsive Social Work	3	AU & SP

Students admitted to a dual master's degree or an approved graduate minor or graduate interdisciplinary specialization may fulfill Track courses through double-counting course credit hours

Grade Policy:

In addition to the general Graduate School requirements of a cumulative grade point average of 3.0 or higher, students must meet specific college policies regarding grades in Foundation and specialization courses. Students should familiarize themselves with Section 12 of the College of Public Health Graduate Student Handbook.

College of Public Health - Office of Academic Programs and Student Services (OAPSS)

OAPSS staff are available to assist with College, Graduate School and University policies and procedures.

(614) 292-8350 100 Cunz Hall 1841 Neil Ave Columbus, Ohio 43210 cph.osu.edu. Questions regarding the student's program of study should be directed to their advisor.