THE OHIO STATE UNIVERSITY

COLLEGE OF PUBLIC HEALTH

Support, Wellness Resources for the College of Public Health Community

SERVICES AND RESOURCES FOR ALL FACULTY, STAFF AND STUDENTS:

Advocates for Inclusion and Diversity though Education

"AIDE (Advocates for Inclusion and Diversity through Education) is a group at OSU that strives to educate the campus community about social justice."

https://www.facebook.com/AIDE-at-The-Ohio-State-University-214849481908087/?ref=aymt_homepage_panel

Alcohol, Drug, and Mental Health Board of Franklin County

"Our mission is to improve the well-being of our community by reducing the incidence of mental health problems and eliminating the abuse of alcohol and other drugs in Franklin County"

(614) 224-1057

https://adamhfranklin.org/

ASHA Ray of Hope

"ASHA-Ray of Hope exists to support and counsel victims of domestic violence in Ohio, especially in the South Asian community. Through advocacy, collaboration and awareness activities, ASHA will help to educate the greater community and connect victims with the resources they need to achieve self-reliance."

(614) 565-2918

http://www.asharayofhope.org/index.php

Bias Assessment and Response Team (BART)

"BART is a resource for anyone who needs to report an incident of bias or wants to explore and better understand issues like bias and discrimination, and how to effectively respond."

(614) 688-8449

http://studentaffairs.osu.edu/bias/

Buckeye Region Anti-Violence Organization (BRAVO)

"The Buckeye Region Anti-Violence Organization (BRAVO) provides comprehensive individual and community programs for survivor advocacy and support to LGBTQI survivors of hate and bias violence, discrimination, intimate partner violence, stalking, and/or sexual assault."

(614) 294-7867

http://www.bravo-ohio.org/

Buckeye Wellness

"The goal of Buckeye Wellness is to improve the health and quality of life of Ohio State and Ohio communities by providing people with evidence-based wellness education and tools."

(614) 292-4041

https://nursing.osu.edu/sidebar-content/buckeye-wellness/

Campus Suicide Prevention Program

"This website is a comprehensive compilation of suicide prevention information for the Ohio State University community from emergency self-help to academic research on suicidology. It includes referral, educational and resource information and programs aimed at faculty, staff, students and parents associated with OSU."

(614) 221-5445

http://suicideprevention.osu.edu/

Disability Services

"Student Life Disability Services collaborates with and empowers students who have disabilities in order to coordinate support services and programs that enable equal access to an education and university life."

(614) 292-3307

http://ods.osu.edu/

Guide to Assist Disruptive or Distressed Individuals

Ohio State's Counseling and Consultation Service and Employee Assistance Program developed this information guide to help you assist anyone in the university community experiencing distress or causing a disruption.

https://oaa.osu.edu/assets/files/documents/911handout.pdf

LGBT Health Initiative at the Ohio State University

"There is endemic injustice against the LGBT community in medicine, this leads to differences in access to care and differences in care. This club seeks to fix these differences and to serve as a resource to the LGBT community on campus for healthcare and to promote LGBT health and wellness at The Ohio State University"

https://www.facebook.com/lgbtosu

Multicultural Center

"The MCC offers several hundred programs a year - cultural and intercultural celebrations, heritage and awareness events, workshops, student leadership meetings, prejudice-reduction trainings, wellness initiatives and Social Justice Engagement courses - all focused on teaching students personal and interpersonal skills necessary to be most effective in a diverse world.

The MCC welcomes ALL students, faculty, staff and community members to our events while at the same time supporting and celebrating specific constituency groups (including African and African American, Asian and Asian American, American Indian/Indigenous, Hispanic/Latino, Gay, Lesbian, Bisexual, Transgender, Queer, Women, Men and Faith communities)"

(614) 688-8449

http://mcc.osu.edu/

National Alliance on Mental Illness of Ohio

"To improve the quality of life and ensure dignity and respect for persons with serious mental illness, and offer support to their families and close friends."

(614) 224-2700

http://www.namiohio.org/

National Suicide Prevention Line

1-800-273-8255

The Office of International Affairs

"The Office of International Affairs is committed to supporting and assisting the university community with international related-concerns."

(614) 292-6101

https://oia.osu.edu/

Ohio Hispanic Coalition

"The mission of the Ohio Hispanic Coalition (OHCO) is to improve the well-being and quality of life for all Hispanic/Latinos through advocacy, education, training, and access to quality services."

(614) 840-9934

http://ohiohispaniccoalition.org/

Open Doors

"The intent of this program is to create a safer and more welcoming environment which acknowledges that acts of bias occur at our University and which helps individuals and communities heal from, and become more resilient to, acts of discrimination and bias. By agreeing to become an Open Doors Partner, the participant agrees to undergo training and to serve as a resource for people seeking help in reporting acts of bias."

(614) 688-8449

http://opendoors.osu.edu/

Psychological Services Center

"The Psychological Services Center (PSC) at The Ohio State University provides psychological treatment for adults who are over the age of 18 and reside in the greater Columbus area. All of the services offered at the PSC are free of any charges and available to all adults in the Columbus area. We do not participate in any insurance panels and we never charge for our services."

(614) 292-8185

http://psc.osu.edu/

Sexual Assault Response Network of Central Ohio (SARNCO)

"SARNO's mission is to empower all survivors and end sexual violence. Our mission is to live in a world without oppression, where all people are safe to live authentic, freely chosen lives, and to pursue their full potential."

(614) 267-7020

https://www.ohiohealth.com/services/neuroscience/our-programs/behavioral-and-mental-health/sarnco

SERVICES AND RESOURCES FOR FACULTY AND STAFF:

Employees Assistance Program:

"The Ohio State Employee Assistance Program (EAP) offers complimentary counseling, consultation, and human relations training to assist OSU employees in dealing with challenging issues at work and home. All services are confidential and provided by experienced, licensed mental health professionals."

1-800-678-6265

https://osuhealthplan.com/eap

University Center for the Advancement of Teaching

"Our mission at UCAT is to support and advocate for all who teach at Ohio State. We aim to help Ohio State's teachers approach their work in a scholarly and reflective way, engaging with the research on effective pedagogies, thus promoting continuous improvement of student learning. We likewise strive to create a community wherein student–focused teaching principles and practices are valued and in which teachers feel connected to each other. Taken together, we believe these things engender a campus culture where teachers have access to the tools, support, and recognition they need to be confident, fulfilled, and effective in their pedagogical roles at Ohio State."

(614) 292-3644

http://ucat.osu.edu/

Your Plan 4 Health

"Your Plan for Health is a voluntary wellness program available to all benefit-eligible employees and all spouses and same-sex domestic partners enrolled in an Ohio State medical plan. The program is administered according to federal rules permitting employer-sponsored wellness programs that seek to improve employee health or prevent disease, including the Americans with Disabilities Act of 1990, the Genetic Information Nondiscrimination Act of 2008, and the Health Insurance Portability and Accountability Act, as applicable, among others."

(614) 292-1050

https://yp4h.osu.edu/

SERVICES AND RESOURCES FOR STUDENTS:

Buckeyes for Public Health

"B4PH will serve the primary purpose of promoting all aspects of public health by empowering Ohio State University students through opportunities for service, personal and professional development, and fellowship in the fields of local and global public health. BPH will also serve as a liaison to connect students with interdisciplinary organizations to receive hands-on experiences in the field."

http://b4ph-osu.weebly.com/

Collegiate Recovery Community

"The Collegiate Recovery Community (CRC) is a program designed to support students in or seeking recovery from alcohol and other drug addiction. The CRC and its programs allow students to have an authentic college experience while maintaining their recovery."

(614) 292-2094

https://swc.osu.edu/services/alcohol-tobacco-and-other-drugs/collegiate-recovery-community/

Counseling and Consultation Service

"We provide comprehensive individual and group mental health services, psychoeducational prevention and outreach programming to currently enrolled undergraduate, graduate and professional students. We also work with spouses/partners of students who are covered by the Comprehensive Student Health Insurance."

(614) 292-5766

http://ccs.osu.edu/

Global Health Initiative

"The purpose of GHI is to increase awareness and provide educational opportunities related to global public health. Some of the issues we focus on include the impact of infectious diseases on the developing world, international maternal mortality and reproductive health issues, developmental health economics and global health policy, and health care in the Columbus area"

http://globalhealthosu.wixsite.com/globalhealth

Multicultural Public Health Student Association

"As a student organization, MPHSA aims to assist public health and health administration students to become culturally competent through a multitude of educational and empowering activities that lead to the overall enhancement of each student's public health knowledge and practice."

http://mphsaosu.weebly.com/

Student Conduct

"The mission of our office is to protect student rights; help foster a safe and secure educational environment; uphold the standards of the University community; establish accountability for student choices; maintain an equitable and inclusive process that promotes mutual respect; foster ethical standards and critical thinking and decision-making; and assist in the development of students into productive citizens."

(614) 292-0748

http://studentconduct.osu.edu/

The Student Advocacy Center

"The Student Advocacy Center is committed to helping students navigate Ohio State's structure and to resolving issues they encounter at the university. The Student Advocacy Center works with students who have experienced sexual violence, health & personal crisis, financial issues, academic & enrollment issues, and appeals & petitions."

(614) 292-1111

http://advocacy.osu.edu/