



2017-2018 Curriculum Guide for Master of Public Health degree program with a specialization in HEALTH BEHAVIOR AND HEALTH PROMOTION

The Master of Public Health (MPH) degree program is designed to provide students with the knowledge and skills for general and specialized applied public health practice, both in the public sector and in private sector careers related to population health. It includes courses within public health's core disciplines of biostatistics, environmental health science, epidemiology, health behavior & health promotion, and health services management and policy. This broad training is complemented by the more in-depth course work within the specialization including a practicum and culminating experience.

Students admitted to the MPH degree program are assigned a faculty advisor who will provide guidance throughout the program. This document serves as a resource to be used by the student and the advisor in planning a program with a specialization in Health Behavior and Health Promotion (HBHP) but is not inclusive of all important degree, college, and university requirements. All students are expected to be familiar with the College of Public Health (CPH) *Graduate Student Handbook* (available at <http://cph.osu.edu/students/graduate/handbooks> and with the *Graduate School Handbook* (available at <http://www.gradsch.ohio-state.edu/>).

PROGRAM OF STUDY

The MPH-HBHP curriculum consists of a minimum of 45 credits organized into five curricular domains:

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| 1. Core courses in areas of knowledge basic to public health | (15 credits) |
| 2. Courses required for a specialization in HBHP | (16 credits) |
| 3. Approved Track Coursework** | (8 credits) |
| 4. Practicum | (2 credits) |
| 5. Culminating Project Seminar and Culminating Project | (4 credits) |

Public Health Core Courses (15 credits)

Every student in the MPH-HBHP program must take the following courses in areas of knowledge basic to public health:

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| Biostatistics PUBHBIO 6210 | Design and Analysis of Studies in the Health Sciences | 3 credits |
| Environmental Health Sciences PUBHEHS 6310 | Principles of Environmental Health Science | 3 credits |
| Epidemiology PUBHEPI 6410 | Principles of Epidemiology | 3 credits |
| Social and Behavioral Sciences PUBHHBP 6515 | Advanced Disease and Promoting Health | 3 credits |
| Health Services Administration PUBHHMP 6610 | Introduction to Health Care Organization | 3 credits |

Required Courses in the Specialization (16 credits)

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| PUBHHBP 7520 | Community Health Assessment | 2 credits |
| PUBHHBP 7522 | Program Planning and Implementation | 3 credits |
| PUBHHBP 7528 | Foundations of Professional Practice in Health Promotion | 2 credits |
| PUBHBIO 6211 | Design and Analysis of Studies in the Health Sciences II | 3 credits |

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| PUBHHBP 7532 | Program Evaluation in Public Health | 3 credits |
| <i>or</i> | | |
| PUBHHBP 7534 | Research Methods in Health Behavior and Health Promotion | |
| PUBHHBP 7542 | Settings and Special Populations in Health Promotion | |
| <i>or</i> | | |
| PUBHHBP 7544 | Fundamental Determinants of Population Health & Implications | 3 credits |

Track Coursework (select one track and complete a minimum of 8 credits)

| <i>Policy</i> | <i>Communications</i> | <i>Maternal and Child Health</i> | <i>Addressing Health Disparities</i> | <i>Global Health</i> | <i>Obesity Science</i> |
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A student may petition the HBHP faculty for permission to substitute a graduate level course not listed above as an appropriate choice within one of the listed concentrations.

Practicum

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| PUBHLTH 7189 | Practicum in Public Health | 2 credits |
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Culminating Project and Culminating Project Seminar (4 credits)

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| PUBHHBP 7899.01 | Culminating Project Seminar I | 1 credit |
| PUBHHBP 7899.02 | Culminating Project Seminar II | 1 credit |
| PUBHLTH 7998 | Culminating Project in Public Health | 2 credits |

Sample Curriculum Plan for the Master of Public Health in Health Behavior and Health Promotion

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| Year 1 Autumn | PUBHHBP 6515 PUBHHBP 7520 PUBHBIO 6210 CPH CORE | Advanced Preventing Disease & Promoting Health Community Health Assessment Design and Analysis of Studies in the Health Sciences I PUBHEHS 6310 OR PUBHEPI 6410 OR PUBHHMP 6610 | 3 credits 2 credits 3 credits 3 credits | AU, SP AU AU, SP AU, SP |
| Year 1 Spring | PUBHHBP 7522 PUBHHBP 7532 PUBHBIO 6211 Track Course | Program Planning and Implementation Program Evaluation in Public Health Design and Analysis of Studies in the Health Sciences II Approved Course | 3 credits 3 credits 3 credits 3 credits | SP SP SP ANY |
| Year 1 Summer | PUBHLTH 7189 | Practicum | 2 credits | ANY |
| Year 2 Autumn | PUBHHBP 7542* PUBHHBP 7899.01 CPH CORE Track Courses | Settings and Special Populations in Health Promotion Culminating Project Seminar I PUBHEHS 6310 OR PUBHEPI 6410 OR PUBHHMP 6610 Approved Courses | 3 credits 3 credits 1 credit 3 credits 5 credits | AU SP AU ANY |
| Year 2 Spring | PUBHHBP 7528 PUBHHBP 7544* PUBHHBP 7899.02 PUBHLTH 7998 CPH CORE | Foundations of Professional Practice in Health Promotion Fundamental Determinants of Population Health & Implications Culminating Project Seminar II Culminating Project in Public Health PUBHEHS 6310 OR PUBHEPI 6410 OR PUBHHMP 6610 | 2 credits 3 credits 1 credit 2 credits 3 credits | SP SP SP SP AU, SP |

*Students can either take PUBHHBP 7542 or PUBHHBP 7544 but are not required to take both courses

*****Questions regarding the student's program of study should be directed to their advisor*****

Electives for HBHP tracks

Students have to earn at least 8 credit hours in their selected track

| <i>Course</i> | <i>Credit Hours</i> | <i>Term Offered</i> |
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| Policy Track | | |
| <i>Required course if selecting this track:</i> | | |
| PUBHHBP 7558: Social-Ecological Strategies in Prevention | 2 credits | <i>SP</i> |
| <i>Then select from:</i> | | |
| HTHRHSC 5650: Aging and Public Policy Issues | 3 credits | <i>AU</i> |
| PUBAFRS 5240: Race and Public Policy in the United States | 3 credits | <i>AU</i> |
| PUBAFRS 5890: US Food Policy | 3 credits | <i>AU</i> |
| PUBAFRS 5900/CRPLAN 5900: Food System Planning and the Economy | 3 credits | |
| PUBAFRS 6000: Public Policy Formulation and Implementation | 4 credits | <i>AU & SP</i> |
| RURLSOC 5580: Assessing Human and Social Impacts of Change | 3 credits | <i>SP</i> |
| Communications Track | | |
| COMM 7870: Media, Campaigns, and Health | 3 credits | <i>AU</i> |
| CRPLAN 6100: Participation and Advocacy in Planning | 3 credits | <i>AU</i> |
| CRPLAN 6210: Planning for Effective Communication | 3 credits | |
| ENR 7400: Communicating Environmental Risk | 2 credits | <i>Every other SP (even years)</i> |
| HTHRSC 7010: Health Literacy | 2 credits | <i>SP</i> |
| PUBAFRS 5591: Lobbying and Government Relations | 3 credits | |
| PUBAFRS 5592: Marketing for Nonprofit and Public Organizations | 3 credits | |
| PUBAFRS 6500: Public Affairs Skills: Written and Oral Communication | 2 credits | <i>AU</i> |
| PUBAFRS 6510: Conveying Quantitative Data in Public Affairs | 1 credit | |
| Maternal and Child Health Track | | |
| HDFS 5410: Infant-Toddler Development: Current Research and Controversies | 3 credits | <i>SP</i> |
| HDFS 7500: Families, Systems and Health | 3 credits | |
| PSYCH 6835: Child Development | 3 credits | |
| PUBHEPI 6440: Reproductive and Perinatal Epidemiology | 3 credits | |
| PUBHEPI 6441: Women's Health Issues | 3 credits | <i>SP</i> |
| PUBHHBP 7564: A Public Health Approach to Adolescent Health | 2 credits | |
| Addressing Health Disparities Track | | |
| <i>Select one:</i> PUBHHBP 7542 or 7544 (whichever not taken to fulfill specialization requirement) | 3 credits | <i>AU</i> |
| CRPLAN 6530: The Socially Just City | 3 credits | <i>AU</i> |
| HTHRHSC 5600: Global Aging | 3 credits | |
| HTHRHSC 7010: Health Literacy | 3 credits | <i>SP</i> |
| RURLSOC 5520 Amish Society | 3 credits | |
| RURLSOC 6500 Rural Poverty | 3 credits | <i>SP</i> |

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| SOCIOL 7780 Racial and Ethnic Differences | 3 credits | |
| SOCWORK 5002 AIDS Survey: Facts and Issues | 3 credits | AU, SP, & SU |
| SOCWORK 5025 Social Determinants of Health: An Interdisciplinary Perspective | 3 credits | AU |
| SOCWORK 5026 Exploring Community Food Security Strategies | 3 credits | SP |
| SOCWORK 6201 Social and Economic Justice | 3 credits | AU & SP |
| SOCWORK 6202 Diversity and Cultural Competence | 3 credits | AU & SP |
| Global Health Track | | |
| <i>Required course if selecting this track:</i> | | |
| PUBHLTH 6000 Introduction to Global Health | 2 credits | AU |
| <i>Then select from:</i> | | |
| AGRCOMM 5150 Communication Strategies for Change and Development | 3 credits | SP |
| ANTHROP 5601 The Anthropology of Sex, Drugs, and HIV | 3 credits | SP |
| ANTHROP 5602 Women's Health in Global Perspective | 3 credits | AU |
| ANTHROP 5701 Health and Healing in Latin America and the Caribbean | 3 credits | |
| *INSTDS 4532 Food Security and Globalization | 3 credits | AU |
| *INSTDS 4534 Comparative Challenges to Economic Development: Sub-Saharan Africa, Latin America, and China | 3 credits | AU |
| *INSTDS 4535 International Economic Development | 3 credits | AU & SP |
| INTSTDS 5616 Challenges to Childhood: An International Perspective | 3 credits | |
| INTSTDS 5640 Globalization and Latin America: Multi-Disciplinary Approaches | 3 credits | SP |
| NURSING 5430 Interdisciplinary Healthcare in the Global Community | 2 credits | AU |
| PHR 5550 Topics in International Pharmacy | 2 credits | SP |
| PUBHEHS 5320 Climate Change and Human Health | 3 credits | SP |
| PUBHEHS 6320 Global Health and Environmental Microbiology | 3 credits | AU |
| PUBHEHS 7390 Major Human Diseases in Global Public Health | 3 credits | SP |
| PUBHEPI 5412 Infectious Diseases in the Developing World | 3 credits | SP |
| PUBHEPI 6436 Infectious Disease Epidemiology | 3 credits | AU |
| PUBHLTH 7000 Public Health in Developing Countries | 3 credits | SP |
| RURLSOC 8500 Development Sociology in Theory and Practice | 3 credits | SP |
| VETPREV 7721 Epidemiology of Zoonotic Diseases | 3 credits | AU |
| VETPREV 7722 Foodborne Diseases, Food Animal Production Systems, and Food Safety | 3 credits | SP |
| VETPREV 7730 Emerging Zoonotic Diseases in a Global Context | 2 credits | SP |
| VISSCI 5500 Special Topics in Vision Science: Global Issues in Eye Care | 1 credit | |

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| Obesity Science Track | | |
|---|-----------|--|
| <i>Required course if selecting this track:</i> | | |
| PUBHHBP 7570/HDFS 7570 Obesity, a Multidisciplinary Foundation | 2 credits | <i>SP</i> |
| <i>Then select from:</i> | | |
| CONSCI 8270 Managing Consumer Risk | 3 credits | |
| CSFRST 7574 Aesthetics Appearance Management, and Self-Presentation | 3 credits | |
| ESCE 7933 Wellness and Prevention Counseling | 3 credits | <i>SP</i> |
| ESSPSY 7028 Cultural Diversity | 3 credits | <i>AU</i> |
| HDFS 5897 Special Topics in Prevention Science | 3 credits | |
| HDFS 7500 Families, Systems, and Health | 3 credits | |
| HUMNNTR 5705 Nutrition and Physical Performance | 2 credits | <i>SP</i> |
| HUMNNTR 7804 Advanced Community and International Nutrition | 3 credits | <i>Every other SP (even years)</i> |
| HUMNNTR 7806 Advanced Nutrition Education | 3 credits | <i>Every other AU (odd years)</i> |
| HTHRHSC 7010 Health Literacy | 2 credits | <i>SP</i> |
| KNHES 7720 Measurement in Physical Activity Behavior | 3 credits | |
| KNHES 7726 Changing Physical Activity Behavior | 3 credits | |
| MEDDIET 6200 Community Nutrition and Health | 3 credits | |
| NURSING 6430 Cultural Competence in Health Care: US and Global Contexts | 3 credits | <i>AU</i> |
| NURSING 7491 Health Promotion and Disease Prevention across the Life Span | 3 credits | <i>AU & SP</i> |
| PUBAFRS 5890 US Food Policy | 3 credits | <i>AU</i> |
| PUBAFRS 5900 Food System Planning and the Economy | 3 credits | |
| PUBHEPI 6415 Nutrition in Public Health | 3 credits | |
| PUBHEPI 8411 Epidemiology of Obesity | 3 credits | <i>SP</i> |
| SOCWORK 6201 Social And Economic Justice | 3 credits | <i>AU & SP</i> |
| SOCWORK 6202 Diversity and Cultural Competence | 3 credits | <i>AU & SP</i> |

* Students should ensure the section offered is taken for graduate credit

**Students admitted to a dual master's degree or an approved graduate minor or graduate interdisciplinary specialization may fulfill Track courses through double counting course credits

Grade Policy:

In addition to the general Graduate School requirements of a cumulative grade point average of 3.0 or higher, students must meet specific college policies regarding grades in Core and specialization courses. Students should familiarize themselves with Section 11 of the College of Public Health Graduate Student Handbook.

Office of Academic Programs and Student Services (OAPSS)

OAPSS staff are available to provide assistance with College, Graduate School and University policies and procedures. Students can make an appointment with a staff member in OAPSS by calling (614) 292-8350. 100 Cunz Hall/1841 Neil Ave/cph.osu.edu

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