



## 2017-2018 Curriculum Guide for Master of Public Health degree program with a specialization in HEALTH BEHAVIOR AND HEALTH PROMOTION

The Master of Public Health (MPH) degree program is designed to provide students with the knowledge and skills for general and specialized applied public health practice, both in the public sector and in private sector careers related to population health. It includes courses within public health's core disciplines of biostatistics, environmental health science, epidemiology, health behavior & health promotion, and health services management and policy. This broad training is complemented by the more in-depth course work within the specialization including a practicum and culminating experience.

Students admitted to the MPH degree program are assigned a faculty advisor who will provide guidance throughout the program. This document serves as a resource to be used by the student and the advisor in planning a program with a specialization in Health Behavior and Health Promotion (HBHP) but is not inclusive of all important degree, college, and university requirements. All students are expected to be familiar with the College of Public Health (CPH) *Graduate Student Handbook* (available at <http://cph.osu.edu/students/graduate/handbooks> and with the *Graduate School Handbook* (available at <http://www.gradsch.ohio-state.edu/>).

### PROGRAM OF STUDY

The MPH-HBHP curriculum consists of a minimum of 45 credits organized into five curricular domains:

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|--|--------------|
| 1. Core courses in areas of knowledge basic to public health | (15 credits) |
| 2. Courses required for a specialization in HBHP             | (16 credits) |
| 3. Approved Track Coursework**                               | (8 credits)  |
| 4. Practicum   | (2 credits)  |
| 5. Culminating Project Seminar and Culminating Project       | (4 credits)  |

### Public Health Core Courses (15 credits)

Every student in the MPH-HBHP program must take the following courses in areas of knowledge basic to public health:

<b>Biostatistics</b> PUBHBIO 6210	Design and Analysis of Studies in the Health Sciences	3 credits
<b>Environmental Health Sciences</b> PUBHEHS 6310	Principles of Environmental Health Science	3 credits
<b>Epidemiology</b> PUBHEPI 6410	Principles of Epidemiology	3 credits
<b>Social and Behavioral Sciences</b> PUBHHBP 6515	Advanced Disease and Promoting Health	3 credits
<b>Health Services Administration</b> PUBHHMP 6610	Introduction to Health Care Organization	3 credits

### Required Courses in the Specialization (16 credits)

PUBHHBP 7520	Community Health Assessment	2 credits
PUBHHBP 7522	Program Planning and Implementation	3 credits
PUBHHBP 7528	Foundations of Professional Practice in Health Promotion	2 credits
PUBHBIO 6211	Design and Analysis of Studies in the Health Sciences II	3 credits

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PUBHHBP 7532	Program Evaluation in Public Health	3 credits
<i>or</i>		
PUBHHBP 7534	Research Methods in Health Behavior and Health Promotion	
PUBHHBP 7542	Settings and Special Populations in Health Promotion	
<i>or</i>		
PUBHHBP 7544	Fundamental Determinants of Population Health & Implications	3 credits

**Track Coursework (select one track and complete a minimum of 8 credits)**

<i>Policy</i>	<i>Communications</i>	<i>Maternal and Child Health</i>	<i>Addressing Health Disparities</i>	<i>Global Health</i>	<i>Obesity Science</i>
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A student may petition the HBHP faculty for permission to substitute a graduate level course not listed above as an appropriate choice within one of the listed concentrations.

**Practicum**

PUBHLTH 7189	Practicum in Public Health	2 credits
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**Culminating Project and Culminating Project Seminar (4 credits)**

PUBHHBP 7899.01	Culminating Project Seminar I	1 credit
PUBHHBP 7899.02	Culminating Project Seminar II	1 credit
PUBHLTH 7998	Culminating Project in Public Health	2 credits

**Sample Curriculum Plan for the Master of Public Health in Health Behavior and Health Promotion**

<b>Year 1 Autumn</b>	PUBHHBP 6515 PUBHHBP 7520 PUBHBIO 6210 CPH CORE	Advanced Preventing Disease & Promoting Health Community Health Assessment Design and Analysis of Studies in the Health Sciences I PUBHEHS 6310 OR PUBHEPI 6410 OR PUBHHMP 6610	3 credits 2 credits 3 credits 3 credits	AU, SP AU AU, SP AU, SP
<b>Year 1 Spring</b>	PUBHHBP 7522 PUBHHBP 7532 PUBHBIO 6211 Track Course	Program Planning and Implementation Program Evaluation in Public Health Design and Analysis of Studies in the Health Sciences II Approved Course	3 credits 3 credits 3 credits 3 credits	SP SP SP ANY
<b>Year 1 Summer</b>	PUBHLTH 7189	Practicum	2 credits	ANY
<b>Year 2 Autumn</b>	PUBHHBP 7542* PUBHHBP 7899.01 CPH CORE Track Courses	Settings and Special Populations in Health Promotion Culminating Project Seminar I PUBHEHS 6310 OR PUBHEPI 6410 OR PUBHHMP 6610 Approved Courses	3 credits 3 credits 1 credit 3 credits 5 credits	AU SP AU ANY
<b>Year 2 Spring</b>	PUBHHBP 7528 PUBHHBP 7544* PUBHHBP 7899.02 PUBHLTH 7998 CPH CORE	Foundations of Professional Practice in Health Promotion Fundamental Determinants of Population Health & Implications Culminating Project Seminar II Culminating Project in Public Health PUBHEHS 6310 OR PUBHEPI 6410 OR PUBHHMP 6610	2 credits 3 credits 1 credit 2 credits 3 credits	SP SP SP SP AU, SP

\*Students either take PUBHHBP 7542 or PUBHHBP 7544 but not both courses

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## ***Electives for HBHP tracks***

***Students have to earn at least 8 credit hours in their selected track***

<b><i>Course</i></b>	<b><i>Credit Hours</i></b>	<b><i>Term Offered</i></b>
<b>Policy Track</b>		
<i>Required course if selecting this track:</i>		
PUBHHBP 7558: Social-Ecological Strategies in Prevention	2 credits	<i>SP</i>
<i>Then select from:</i>		
HTHRHSC 5650: Aging and Public Policy Issues	3 credits	<i>AU</i>
PUBAFRS 5240: Race and Public Policy in the United States	3 credits	<i>AU</i>
PUBAFRS 5890: US Food Policy	3 credits	<i>AU</i>
PUBAFRS 5900/CRPLAN 5900: Food System Planning and the Economy	3 credits	
PUBAFRS 6000: Public Policy Formulation and Implementation	4 credits	<i>AU &amp; SP</i>
RURLSOC 5580: Assessing Human and Social Impacts of Change	3 credits	<i>SP</i>
<b>Communications Track</b>		
COMM 7870: Media, Campaigns, and Health	3 credits	<i>AU</i>
CRPLAN 6100: Participation and Advocacy in Planning	3 credits	<i>AU</i>
CRPLAN 6210: Planning for Effective Communication	3 credits	
ENR 7400: Communicating Environmental Risk	2 credits	<i>Every other SP (even years)</i>
HTHRSC 7010: Health Literacy	2 credits	<i>SP</i>
PUBAFRS 5591: Lobbying and Government Relations	3 credits	
PUBAFRS 5592: Marketing for Nonprofit and Public Organizations	3 credits	
PUBAFRS 6500: Public Affairs Skills: Written and Oral Communication	2 credits	<i>AU</i>
PUBAFRS 6510: Conveying Quantitative Data in Public Affairs	1 credit	
<b>Maternal and Child Health Track</b>		
HDFS 5410: Infant-Toddler Development: Current Research and Controversies	3 credits	<i>SP</i>
HDFS 7500: Families, Systems and Health	3 credits	
PSYCH 6835: Child Development	3 credits	
PUBHEPI 6440: Reproductive and Perinatal Epidemiology	3 credits	
PUBHEPI 6441: Women's Health Issues	3 credits	<i>SP</i>
PUBHHBP 7564: A Public Health Approach to Adolescent Health	2 credits	
<b>Addressing Health Disparities Track</b>		
<i>Select one:</i> PUBHHBP 7542 or 7544 (whichever not taken to fulfill specialization requirement)	3 credits	<i>AU</i>
CRPLAN 6530: The Socially Just City	3 credits	<i>AU</i>
HTHRHSC 5600: Global Aging	3 credits	
HTHRHSC 7010: Health Literacy	3 credits	<i>SP</i>
RURLSOC 5520 Amish Society	3 credits	
RURLSOC 6500 Rural Poverty	3 credits	<i>SP</i>

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SOCIOL 7780 Racial and Ethnic Differences	3 credits	
SOCWORK 5002 AIDS Survey: Facts and Issues	3 credits	AU, SP, & SU
SOCWORK 5025 Social Determinants of Health: An Interdisciplinary Perspective	3 credits	AU
SOCWORK 5026 Exploring Community Food Security Strategies	3 credits	SP
SOCWORK 6201 Social and Economic Justice	3 credits	AU & SP
SOCWORK 6202 Diversity and Cultural Competence	3 credits	AU & SP
<b>Global Health Track</b>		
<i>Required course if selecting this track:</i>		
PUBHLTH 6000 Introduction to Global Health	2 credits	AU
<i>Then select from:</i>		
AGRCOMM 5150 Communication Strategies for Change and Development	3 credits	SP
ANTHROP 5601 The Anthropology of Sex, Drugs, and HIV	3 credits	SP
ANTHROP 5602 Women's Health in Global Perspective	3 credits	AU
ANTHROP 5701 Health and Healing in Latin America and the Caribbean	3 credits	
*INSTDS 4532 Food Security and Globalization	3 credits	AU
*INSTDS 4534 Comparative Challenges to Economic Development: Sub-Saharan Africa, Latin America, and China	3 credits	AU
*INSTDS 4535 International Economic Development	3 credits	AU & SP
INTSTDS 5616 Challenges to Childhood: An International Perspective	3 credits	
INTSTDS 5640 Globalization and Latin America: Multi-Disciplinary Approaches	3 credits	SP
NURSING 5430 Interdisciplinary Healthcare in the Global Community	2 credits	AU
PHR 5550 Topics in International Pharmacy	2 credits	SP
PUBHEHS 5320 Climate Change and Human Health	3 credits	SP
PUBHEHS 6320 Global Health and Environmental Microbiology	3 credits	AU
PUBHEHS 7390 Major Human Diseases in Global Public Health	3 credits	SP
PUBHEPI 5412 Infectious Diseases in the Developing World	3 credits	SP
PUBHEPI 6436 Infectious Disease Epidemiology	3 credits	AU
PUBHLTH 7000 Public Health in Developing Countries	3 credits	SP
RURLSOC 8500 Development Sociology in Theory and Practice	3 credits	SP
VETPREV 7721 Epidemiology of Zoonotic Diseases	3 credits	AU
VETPREV 7722 Foodborne Diseases, Food Animal Production Systems, and Food Safety	3 credits	SP
VETPREV 7730 Emerging Zoonotic Diseases in a Global Context	2 credits	SP
VISSCI 5500 Special Topics in Vision Science: Global Issues in Eye Care	1 credit	

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<b>Obesity Science Track</b>		
<i>Required course if selecting this track:</i>		
PUBHHBP 7570/HDFS 7570 Obesity, a Multidisciplinary Foundation	2 credits	<i>SP</i>
<i>Then select from:</i>		
CONSCI 8270 Managing Consumer Risk	3 credits	
CSFRST 7574 Aesthetics Appearance Management, and Self-Presentation	3 credits	
ESCE 7933 Wellness and Prevention Counseling	3 credits	<i>SP</i>
ESSPSY 7028 Cultural Diversity	3 credits	<i>AU</i>
HDFS 5897 Special Topics in Prevention Science	3 credits	
HDFS 7500 Families, Systems, and Health	3 credits	
HUMNNTR 5705 Nutrition and Physical Performance	2 credits	<i>SP</i>
HUMNNTR 7804 Advanced Community and International Nutrition	3 credits	<i>Every other SP (even years)</i>
HUMNNTR 7806 Advanced Nutrition Education	3 credits	<i>Every other AU (odd years)</i>
HTHRHS 7010 Health Literacy	2 credits	<i>SP</i>
KNHES 7720 Measurement in Physical Activity Behavior	3 credits	
KNHES 7726 Changing Physical Activity Behavior	3 credits	
MEDDIET 6200 Community Nutrition and Health	3 credits	
NURSING 6430 Cultural Competence in Health Care: US and Global Contexts	3 credits	<i>AU</i>
NURSING 7491 Health Promotion and Disease Prevention across the Life Span	3 credits	<i>AU &amp; SP</i>
PUBAFRS 5890 US Food Policy	3 credits	<i>AU</i>
PUBAFRS 5900 Food System Planning and the Economy	3 credits	
PUBHEPI 6415 Nutrition in Public Health	3 credits	
PUBHEPI 8411 Epidemiology of Obesity	3 credits	<i>SP</i>
SOCWORK 6201 Social And Economic Justice	3 credits	<i>AU &amp; SP</i>
SOCWORK 6202 Diversity and Cultural Competence	3 credits	<i>AU &amp; SP</i>

\* Students should ensure the section offered is taken for graduate credit

\*\*Students admitted to a dual master's degree or an approved graduate minor or graduate interdisciplinary specialization may fulfill Track courses through double counting course credits

#### **Grade Policy:**

In addition to the general Graduate School requirements of a cumulative grade point average of 3.0 or higher, students must meet specific college policies regarding grades in Core and specialization courses. Students should familiarize themselves with Section 11 of the College of Public Health Graduate Student Handbook.

#### **Office of Academic Programs and Student Services (OAPSS)**

OAPSS staff are available to provide assistance with College, Graduate School and University policies and procedures. Students can make an appointment with a staff member in OAPSS by calling (614) 292-8350. 100 Cunz Hall/1841 Neil Ave/cph.osu.edu

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