

## 2021-2022 Curriculum Guide for Master of Public Health degree program with a specialization in HEALTH BEHAVIOR AND HEALTH PROMOTION

The Master of Public Health (MPH) degree program is designed to provide students with the knowledge and skills for general and specialized applied public health practice, both in the public sector and in private sector careers related to population health. It includes courses within public health's foundation disciplines of biostatistics, environmental health science, epidemiology, health behavior & health promotion, and health services management and policy. This broad training is complemented by the more in-depth course work within the specialization including a practicum and culminating experience.

Students admitted to the MPH degree program are assigned a faculty advisor who will provide guidance throughout the program. This document serves as a resource to be used by the student and the advisor in planning a program with a specialization in Health Behavior and Health Promotion (HBHP) but is not inclusive of all important degree, college, and university requirements. All students are expected to be familiar with the College of Public Health (CPH) *Graduate Student Handbook*: <http://cph.osu.edu/students/graduate/handbooks> the *Graduate School Handbook*: <http://www.gradsch.ohio-state.edu/> and CPH competencies: <http://go.osu.edu/cphcompetencies>.

### PROGRAM OF STUDY

The MPH-HBHP curriculum consists of a minimum of 45 credits organized into five curricular domains:

|  |            |
|--|------------|
| 1. MPH Integrated Foundational curriculum                                      | 12 credits |
| 2. Courses required for a specialization in HBHP                               | 19 credits |
| 3. Approved Track Coursework**   | 8 credits  |
| 4. Applied Practice Experience   | 2 credits  |
| 5. Integrative Learning Experience Seminar and Integrative Learning Experience | 4 credits  |

### MPH Integrated Foundational curriculum † (12 credits)

Every student in the MPH-HBHP program must take the following MPH Integrated Foundational curriculum:

|              |   |           |
|--------------|---|-----------|
| PUBHTLH 6001 | Methods in Quantitative Data Analysis                                   | 4 credits |
| PUBHLTH 6002 | History, Values and Essential Services of the U.S. Public Health System | 2 credits |
| PUBHLTH 6003 | Methods in Public Health Planning and Evaluation                        | 2 credits |
| PUBHLTH 6004 | Essentials of Population Health   | 4 credits |

### Required Courses in the Specialization (19 credits)

|              |  |           |
|--------------|--|-----------|
| PUBHHBP 6520 | Advocacy for Health Justice                              | 3 credits |
| PUBHHBP 7520 | Community Health Assessment                              | 2 credits |
| PUBHHBP 7522 | Program Planning and Implementation                      | 3 credits |
| PUBHHBP 7528 | Foundations of Professional Practice in Health Promotion | 2 credits |
| PUBHBIO 6211 | Design and Analysis of Studies in the Health Sciences II | 3 credits |
| PUBHHBP 7532 | Program Evaluation in Public Health                      | 3 credits |
| <i>or</i>    |  |           |
| PUBHHBP 7534 | Research Methods in Health Behavior and Health Promotion | 3 credits |
| PUBHHBP 7542 | Settings and Special Populations in Health Promotion     | 3 credits |

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**Track Coursework (select one track and complete a minimum of 8 credits)**

| <b>Policy</b> | <b>Communications</b> | <b>Maternal and Child Health</b> | <b>Addressing Health Disparities</b> | <b>Global Health</b> | <b>Obesity Science</b> |
|---------------|-----------------------|----------------------------------|--------------------------------------|----------------------|------------------------|
|---------------|-----------------------|----------------------------------|--------------------------------------|----------------------|------------------------|

A student may petition the HBHP faculty for permission to substitute a graduate level course not listed above as an appropriate choice within one of the listed tracks.

**Applied Practice Experience**

|              |                             |           |
|--------------|-----------------------------|-----------|
| PUBHLTH 7189 | Applied Practice Experience | 2 credits |
|--------------|-----------------------------|-----------|

**Integrative Learning Experience and Integrative Learning Experience Seminar (4 credits)**

|                 |  |           |
|-----------------|--|-----------|
| PUBHHBP 7899.01 | Integrative Learning Experience Seminar I        | 1 credit  |
| PUBHHBP 7899.02 | Integrative Learning Experience Seminar II       | 1 credit  |
| PUBHLTH 7998    | Integrative Learning Experience in Public Health | 2 credits |

**Sample Curriculum Plan for the Master of Public Health in Health Behavior and Health Promotion**

|                          |                                    |   |           |          |
|--------------------------|------------------------------------|---|-----------|----------|
| <b>Year 1<br/>Autumn</b> | PUBHHBP 7520                       | Community Health Assessment   | 2 credits | AU       |
|                          | PUBHLTH 6001#                      | Methods in Quantitative Data Analysis   | 4 credits | AU       |
|                          | PUBHLTH 6002#                      | History, Values and Essential Services of the U.S. Public Health System                               | 2 credits | AU       |
|                          | PUBHHBP 7542                       | Settings and Special Populations in Health Promotion  | 3 credits | AU       |
| <b>Year 1<br/>Spring</b> | PUBHLTH 6003#                      | Methods in Public Health Planning and Evaluation  | 2 credits | SP       |
|                          | PUBHLTH 6004#                      | Essentials of Population Health   | 4 credits | SP       |
|                          | PUBHHBP 7522                       | Program Planning and Implementation   | 3 credits | SP       |
|                          | PUBHBIO 6211                       | Design and Analysis of Studies in the Health Sciences II  | 3 credits | AU,SP    |
| <b>Year 1<br/>Summer</b> | PUBHLTH 7189                       | Applied Practice Experience   | 2 credits | ANY      |
| <b>Year 2<br/>Autumn</b> | PUBHHBP 6520                       | Advocacy for Health Justice   | 3 credits | AU       |
|                          | PUBHHBP 7899.01                    | Integrative Learning Experience Seminar I   | 1 credit  | AU       |
|                          | Track Courses                      | Approved Courses  | 5 credits | ANY      |
|                          | PUBHHBP 7532<br>or<br>PUBHHBP 7534 | Program Evaluation in Public Health<br>or<br>Research Methods in Health Behavior and Health Promotion | 3 credits | AU<br>SP |
| <b>Year 2<br/>Spring</b> | PUBHHBP 7528                       | Foundations of Professional Practice in Health Promotion  | 2 credits | SP       |
|                          | PUBHHBP 7899.02                    | Integrative Learning Experience Seminar II  | 1 credit  | SP       |
|                          | PUBHLTH 7998                       | Integrative Learning Experience in Public Health  | 2 credits | SP       |
|                          | Track Courses                      | Approved Courses  | 3 credits | ANY      |

#PUBHLTH 6001-6004: Students will be enrolled by The College of Public Health Office of Academic Programs and Student Services for these courses. PUBHLTH 6001 and 6002 must be taken concurrently. PUBHLTH 6003 and 6004 must be taken concurrently.

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**Students have to earn at least 8 credit hours in their selected track**

| <b>Course</b>  | <b>Credit Hours</b> | <b>Term Offered</b>                |
|--|---------------------|------------------------------------|
| <b>Policy Track</b>  |                     |                                    |
| PUBHHBP 7558: Policy as a Prevention Strategy  | 2                   | SP                                 |
| CRPLAN 6350: The Socially Just City  | 3                   | AU                                 |
| HTHRHSC 5650: Aging and Public Policy Issues   | 3                   | AU                                 |
| PUBAFRS 5240 ( <i>cross listed with AFAMAST 5240</i> ): Race and Public Policy in the United States                          | 3                   | AU                                 |
| PUBAFRS 5250: Poverty, Inequality and Public Policy  | 3                   |                                    |
| PUBAFRS 5890: US Food Policy   | 3                   | AU                                 |
| PUBAFRS 5895 ( <i>cross listed with HTHRHSC 5895</i> ): Food Insecurity and Food Assistance Programming & Policy in the U.S. | 3                   |                                    |
| PUBAFRS 5900 ( <i>cross listed with CRPLAN 5900</i> ): Food System Planning and the Economy                                  | 3                   |                                    |
| PUBAFRS 6000: Public Policy Formulation and Implementation   | 4                   | AU & SP                            |
| PUBAFRS 6060: Managerial Leadership in Public and Nonprofit Organizations  | 4                   |                                    |
| PUBAFRS 7505: Wicked Policy Problems   | 3                   | SP                                 |
| PUBAFRS 7574: Mixed Methods Approaches for Policy-Related Research   | 3                   |                                    |
| PUBHHMP 7605: Introduction to Health Policy  | 3                   |                                    |
| PUBHHMP 7610: Public Health Law  | 3                   |                                    |
| PUBHHMP 7611: Health Care Law for Managers   | 3                   |                                    |
| PUBHHMP 7613: Tobacco Regulation and Policy  | 2                   |                                    |
| PUBHHMP 7632: Strategic Change for Public Health & Population Health Management  | 3                   |                                    |
| RURLSOC 5580: Social Impact Assessment   | 3                   | SP                                 |
| <b>Communications Track</b>  |                     |                                    |
| COMM 6806: Contemporary Theories of Communication  | 3                   | AU                                 |
| COMM 7870: Media, Campaigns, and Health  | 3                   | AU                                 |
| COMM 7871: Health Communication in Interpersonal Settings  | 3                   |                                    |
| CRPLAN 6100: Participation and Advocacy in Planning  | 3                   | AU                                 |
| CRPLAN 6210: Planning for Effective Communication  | 3                   |                                    |
| ENR 7400: Communicating Environmental Risk   | 3                   | <i>Every other SP (even years)</i> |
| ARTSSCI 6110 ( <i>cross listed with Nursing 6110</i> ): Health Literacy  | 2                   | SP                                 |
| PUBAFRS 5591: Lobbying and Government Relations  | 3                   |                                    |
| PUBAFRS 5592: Marketing for Nonprofit and Public Organizations   | 3                   |                                    |
| PUBAFRS 6500: Public Affairs Skills: Written and Oral Communication  | 2                   | AU                                 |
| PUBAFRS 6510: Conveying Quantitative Data in Public Affairs  | 1                   |                                    |
| <b>Maternal and Child Health Track</b>   |                     |                                    |
| ANTHROP 5602: Women's Health in Global Perspective   | 3                   | AU                                 |
| HDFS 5410: Infant-Toddler Development: Current Research and Controversies  | 3                   | SP                                 |
| HDFS 7500: Families, Systems and Health  | 3                   |                                    |
| HDFS 7765: Advanced Child Development  | 3                   |                                    |

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|   |   |  |
|---|---|--|
| PSYCH 6835: Child Development                               | 3 |  |
| PUBHEPI 6440: Reproductive and Perinatal Epidemiology       | 3 |  |
| PUBHEPI 6441: Women's Health Issues                         | 3 |  |
| PUBHHBP 7564: A Public Health Approach to Adolescent Health | 2 |  |

| <b>Addressing Health Disparities Track</b>   |   |            |
|--|---|------------|
| ANTHROP 5602 Women's Health in Global Perspective  | 3 | AU         |
| CRPLAN 6350: The Socially Just City  | 3 | AU         |
| ESSPSY 7028: Cultural Diversity  | 3 | AU         |
| HTHRHSC 6700: Global Aging   | 3 |            |
| ARTSSCI 6110 ( <i>cross listed with Nursing 6110</i> ): Health Literacy  | 3 | SP         |
| NURSING 6430: Cultural Competence in Health Care: US and Global Contexts   | 3 |            |
| PUBAFRS 5240 ( <i>cross listed with AFAMAST 5240</i> ): Race and Public Policy in the United States                          | 3 | AU         |
| PUBAFRS 5895 ( <i>cross listed with HTHRHSC 5895</i> ): Food Insecurity and Food Assistance Programming & Policy in the U.S. | 3 |            |
| PUBAFRS 5250: Poverty, Inequality and Public Policy  | 3 | AU         |
| PUBHEPI 6442: Social Epidemiology  | 3 | SP         |
| RURLSOC 6500: Rural Poverty  | 3 | SP         |
| SOCIOL 7780 Racial and Ethnic Differences  | 3 |            |
| SOCWORK 5002: AIDS Survey: Facts and Issues  | 3 | AU, SP, SU |
| SOCWORK 5026: Exploring Community Food Security Strategies   | 3 | SP         |
| SOCWORK 6201: Social and Economic Justice  | 3 | AU & SP    |
| SOCWORK 6202: Diversity and Cultural Competence  | 3 | AU & SP    |
| <b>Global Health Track</b>   |   |            |

|   |   |         |
|---|---|---------|
| <i>Required course if selecting this track:</i>   |   |         |
| PUBHLTH 6000: Introduction to Global Health   | 2 | AU      |
| <i>Then select from:</i>  |   |         |
| AGRCOMM 5150: Communication Strategies for Change and Development   | 3 |         |
| ANTHROP 5601: The Anthropology of Sex, Drugs, and HIV   | 3 | SP      |
| ANTHROP 5602: Women's Health in Global Perspective  | 3 | AU      |
| ANTHROP 5701: Health and Healing in Latin America and the Caribbean   | 3 |         |
| *INSTDS 4532: Food Security and Globalization   | 3 | AU      |
| *INSTDS 4534: Comparative Challenges to Economic Development: Sub-Saharan Africa, Latin America, and China              | 3 | AU      |
| *INSTDS 4535: International Economic Development  | 3 | AU & SP |
| INTSTDS 5616: Challenges to Childhood: An International Perspective   | 3 |         |
| INTSTDS 5640: ( <i>cross listed with SPANISH 5640</i> ): Globalization and Latin America: Multi-Disciplinary Approaches | 3 | SP      |
| NURSING 5430: Interdisciplinary Healthcare in the Global Community  | 2 | AU      |
| PHR 5550: Topics in International Pharmacy  | 2 | SP      |
| PUBHEHS 6320: Global Health and Environmental Microbiology  | 3 |         |

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|  |   |                             |
|--|---|-----------------------------|
| PUBHEHS 6325: Climate Change and Human Health  | 3 |                             |
| PUBHEHS 6390: Major Human Diseases in Global Public Health   | 3 | SP                          |
| PUBHEPI 5412: Infectious Diseases in the Developing World  | 3 | SP                          |
| PUBHEPI 6436: Infectious Disease Epidemiology  | 3 | AU                          |
| PUBHEPI 6441: Women's Health Issues ( <i>must do course project with global focus</i> )                                      | 3 | SP                          |
| PUBHLTH 7000: Public Health in Developing Countries  | 3 | SP                          |
| RURLSOC 8500: Development Sociology in Theory and Practice   | 3 | SP                          |
| SOCWORK 5005: Human Trafficking: Domestic and Global Perspectives  | 3 |                             |
| SPANISH 5201: Spanish in the Health Professions  | 3 |                             |
| VETPREV 7721: Epidemiology of Zoonotic Diseases  | 3 | AU                          |
| VETPREV 7722: Foodborne Diseases, Food Animal Production Systems, and Food Safety  | 3 | SP                          |
| VETPREV 7730: Emerging Zoonotic Diseases in a Global Context   | 2 | SP                          |
| VISSCI 5500: Global Issues in Eye Care   | 1 |                             |
| <b>Obesity Science Track</b>   |   |                             |
| <i>Required course if selecting this track:</i>  |   |                             |
| PUBHHBP 7570 ( <i>cross listed with HDFS 7570</i> ): Obesity, a Multidisciplinary Foundation                                 | 2 |                             |
| <i>Then select from:</i>   |   |                             |
| CONSCI 8270: Managing Consumer Risk  | 3 |                             |
| CSFRST 7574: Aesthetics Appearance Management, and Self-Presentation   | 3 |                             |
| ESCE 7933: Wellness and Prevention Counseling  | 3 | SP                          |
| ESSPSY 7028: Cultural Diversity  | 3 | AU                          |
| HDFS 7500: Families, Systems, and Health   | 3 |                             |
| HUMNNTR 5705: Nutrition and Physical Performance   | 2 | SP                          |
| HUMNNTR 7804: Advanced Community and International Nutrition   | 3 | Every other SP (even years) |
| HUMNNTR 7806: Advanced Nutrition Education   | 3 | Every other AU (odd years)  |
| ARTSSCI 6110 ( <i>cross listed with Nursing 6110</i> ): Health Literacy  | 2 | SP                          |
| KNEHS 5500: The Science of Physical Activity for the Health Care Professional  | 4 |                             |
| KNHES 7713: Foundations of Physical Activity Behavior  | 3 |                             |
| KNHES 7720: Measurement in Physical Activity Behavior  | 3 |                             |
| KNHES 7726: Changing Physical Activity Behavior  | 3 |                             |
| NURSING 6430: Cultural Competence in Health Care: US and Global Contexts   | 3 | AU                          |
| NURSING 7491: Health Promotion and Disease Prevention across the Life Span   | 3 | AU & SP                     |
| PUBAFRS 5890: US Food Policy   | 3 | AU                          |
| PUBAFRS 5895 ( <i>cross listed with HTHRHSC 5895</i> ): Food Insecurity and Food Assistance Programming & Policy in the U.S. | 3 |                             |
| PUBAFRS 5900: Food System Planning and the Economy   | 3 |                             |
| PUBHEPI 6415: Nutrition in Public Health   | 3 |                             |
| PUBHEPI 8411: Epidemiology of Obesity  | 3 | SP (every other year)       |

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|   |   |         |
|---|---|---------|
| SOCWORK 6201: Social and Economic Justice       | 3 | AU & SP |
| SOCWORK 6202: Diversity and Cultural Competence | 3 | AU & SP |

*\* Students should ensure the section offered is taught by a faculty member*

*\*\*Students admitted to a dual master's degree or an approved graduate minor or graduate interdisciplinary specialization may fulfill Track courses through double counting course credits*

**Grade Policy:**

In addition to the general Graduate School requirements of a cumulative grade point average of 3.0 or higher, students must meet specific college policies regarding grades in Foundation and specialization courses. Students should familiarize themselves with Section 11 of the College of Public Health Graduate Student Handbook.

**College of Public Health - Office of Academic Programs and Student Services (OAPSS)**

OAPSS staff are available to assist with College, Graduate School and University policies and procedures.

(614) 292-8350/100 Cunz Hall/1841 Neil Ave/Columbus, Ohio/ 43210/[cph.osu.edu](http://cph.osu.edu)

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